

**COMMUNITY SERVICE PROGRAM****Build Community. Enrich your Life.**www.issaquahhighptsa.org/page/pta/community_service**What is Community Service?**

Community Service refers to the time, energy, and efforts of an individual or group that is contributed, without monetary compensation, to the well-being of another individual, group, or community.

Why Volunteer?

Community means all of us. Collectively or individually, we can help build our local, regional, and global communities. Each of us has unique talents, interests, and gifts to share. Each of us can affect change for the better.

- To strengthen community
- To become an active, engaged member of society
- To share your talents and gifts with those less fortunate
- To develop contacts for future jobs or internships
- To learn and develop valuable skills
- To enhance your college application
- To meet the volunteer requirement of many college scholarships
- To earn the Community Service Honor Cord to be worn at graduation

How many hours are required to earn an Honor Cord?

This is a new program for Issaquah High, so it will be rolled out incrementally.

- Students from the graduating class of 2015 must document 50 total hours
- Students from the class of 2016 must document 75 total hours.
- Students from the class of 2017 and beyond must meet the required total of 100 hours of community service in order to earn an Honor Cord.
- The required hours must be performed and documented by the Program deadline. Volunteer Logs must be received by the IH PTSA by the Program deadline. There are no requirements regarding the distribution of volunteer hours over the students' high school career.

What Counts as Community Service?

- Hours should be performed **without monetary pay or other compensation**.
- Any volunteer service performed after 8th grade promotion can be counted toward the IH PTSA Community Service program. Service can be performed over the summer or during the school year.
- Hours must be authorized (signed, or a written letter) by a supervisor of the program. NOT A PARENT
- Hours worked for the following IHS-related programs can be counted: National Honor Society, Key Club, DECA, Sports Medicine, and Music.
- Only actual volunteer hours, organized meetings and planning sessions **count**. Travel and sleep hours **do not** count.
- The following activities will **not be counted** toward community service hours: Traffic Court-related community service, paid internships, job shadowing, family activities.
- For a list of local and regional volunteer opportunities, see the Resource Guide at: www.issaquahhighptsa.org/page/pta/community_service

How Do I Turn In My Service Log?

- Students should download and fill out a Community Service Log. This form is available in the IHS Main Office and at: www.issaquahhighptsa.org/page/pta/community_service
- Once you have completed your volunteer hours for the academic year, make a copy of the Service Log for your records and then submit a copy to the IH PTSA by: taking it to the IHS Main Office, or scanning and emailing the Log to: issyhighcommunityservice@gmail.com.

Program Deadline

The **deadline** for members of the **Class of 2015** to complete volunteer hours and submit their Service Log in order to be counted toward a Community Service Honor Cord is:

Friday, May 1st, 2015.

For full Community Service Program Guidelines, Community Service Logs, and Resource Guide, go to:

www.issaquahhighptsa.org/page/pta/community_service

For all further information, contact Bertina Loeffler Sedlack at: bertinals@hotmail.com.